

“Our Bush spa is mobile and offers treatments in the comfort of your own chalet.”



**BOOKINGS ARE ESSENTIAL,
SUBJECT TO AVAILABILITY AND
MADE IN ADVANCE.**

HEALTH CONSIDERATIONS:

Please be sure to notify our therapist when making your reservation should you suffer from high blood pressure, any allergies, are pregnant or suffer from any other medical conditions.

PUNCTUALITY:

Within room treatments your therapist will arrive 10 minutes prior to the scheduled appointment time to set up the area. Please ensure that you are available in your room at that time.

CANCELLATION POLICY:

You are requested to cancel at least 6 hours prior to your scheduled appointment time. Should you fail to do so the full treatment cost will be charged.

Mariette Forssman

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Part of the  **Dream Hotels & Resorts** family



BUSH SPA
FROM US TO YOU



AFRICAN MASSAGE COLLECTION

COLLECTIVE SPIRIT OF AFRICA MASSAGE 60MIN - R450

A soul surrendering full body massage, using a blend of African oils designed to ease away tension, enhance and restore the body.

CHUNGU MASSAGE 30MIN - R450

The Swahili word for strong. A deep tissue and pressure point massage, relieving deep tension, leaving the muscles energised and revitalised.

ROYAL DELUXE HOT STONE JOURNEY 90MIN - R600

A sensory full body massage using warm natural river pebbles and aromatic oils to release any emotional blockages, ease muscle aches and hydrate the skin.

AFRICAN GODDESS HEAD MASSAGE 30MIN - R300

A relaxing and pampering neck, scalp and face massage using a pure blend of nourishing essential oils to bring oxygen and nutrients to the muscles, hair and skin.

AFRICAN FOOTPRINT RITUAL 60MIN - R350

A revitalising foot soak, followed by filing, a salt scrub, and a pressure point massage with a warm nourishing butter, for improved circulation, soft skin and complete relaxation.

AFRICAN HANDPRINT RITUAL 30MIN - R300

In this pampering experience your hands are polished with an African scrub, cuticles restored with healing oils, massaged with a nourishing butter and wrapped in warm mitts, leaving your hands soft and invigorated.

HOT STONE TOUCH 30MIN - R350

A back, neck and shoulder massage using warm river pebbles and pressure points to release stress and tension in these areas.

NISHATI TREAT 30MIN - R300

Relax and unwind... while you experience this wonderfully relaxing massage focussing on the back, neck and shoulders

ESSENCE OF AFRICA AROMATHERAPY 30MIN - R450

A gentle full body massage using a special blend of therapeutic oils to relax and calm mind, body and should.

